# AMENDED IN ASSEMBLY JUNE 20, 2006 AMENDED IN SENATE APRIL 20, 2006 AMENDED IN SENATE APRIL 6, 2006

## **SENATE BILL**

No. 1755

### **Introduced by Senator Chesbro**

February 24, 2006

An act to add Sections—14550.5 14522.3, 14528.1, 14550.5, and 14550.6 to, and to repeal and add Section 14525 of, the Welfare and Institutions Code, relating to Medi-Cal.

#### LEGISLATIVE COUNSEL'S DIGEST

SB 1755, as amended, Chesbro. Medi-Cal: adult day health care services.

The California Adult Day Health Care Act provides for the licensure and regulation of adult day health centers, with administrative responsibility for this program shared between the State Department of Health Services and the California Department of Aging pursuant to an interagency agreement.

The Adult Day Health Medi-Cal Law establishes adult day health care services as a Medi-Cal benefit for Medi-Cal beneficiaries who meet certain criteria.

This bill would revise the eligibility criteria for adult day health care services.

The bill would require that a participant's personal health care provider, as defined, have and retain responsibility for the participant's care. The bill would impose specified duties on an adult day health care center with respect to a participant who does not have a personal health care provider.

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Existing law requires adult day health centers to offer, and provide directly on the premises, specified services.

This bill would require adult day health centers to offer, and provide directly on the premises, in accordance with the participant's individual plan of care, and subject to authorization, specified core services to each participant during each day of the participant's attendance at the center, including nursing services, personal care or social services, therapeutic activities, and one meal.

The bill would allow an adult day health care center to provide one or more of the specified core services at an enhanced level if any of certain conditions occurs.

Vote: majority. Appropriation: no. Fiscal committee: yes. State-mandated local program: no.

The people of the State of California do enact as follows:

- 1 SECTION 1. Section 14522.3 is added to the Welfare and 2 Institutions Code, to read:
- 3 14522.3. The following definitions shall apply for the 4 purposes of this chapter.
- 5 (a) "Activities of daily living" (ADL) means activities 6 performed by the participant for essential living purposes, 7 including bathing, dressing, self-feeding, toileting, ambulation, 8 and transferring.
  - (b) "Instrumental activities of daily living" (IADL) means activities performed for the purpose of functioning within a participant's home and community environment.
  - (c) "Personal health care provider" means the participant's personal physician, physician's assistant, or nurse practitioner, operating within his or her scope of practice.
  - (d) "Care coordination" means the process of obtaining information from, or providing information to, the participant, the participant's family, the participant's primary health care provider, or social service agencies to facilitate the delivery of services designed to meet the needs of the participant, as identified by one or more members of the multidisciplinary team.
  - (e) "Facilitated participation" means an interaction to support a participant's involvement in a group or individual activity, whether or not the participant takes active part in the activity itself.

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(f) "Group work" means a social work service in which a variety of therapeutic methods are applied within a small group setting to promote participants' self-expression and positive adaptation to their environment.

- (g) "Professional nursing" means services provided by a registered nurse or licensed vocational nurse functioning within his or her scope of practice.
- (h) "Psycho-social" means a participant's psychological status in relation to the participant's social and physical environment.

### SECTION 1.

SEC. 2. Section 14525 of the Welfare and Institutions Code is repealed.

## SEC. 2.

- SEC. 3. Section 14525 is added to the Welfare and Institutions Code, to read:
- 14525. Any adult eligible for benefits under Chapter 7 (commencing with Section 14000) shall be eligible for adult day health care services if that person meets all of the following criteria:
- (a) The person is 18 years of age or older and has one or more chronic or postacute medical, cognitive, or mental health conditions, and a physician, nurse practitioner, or other health care provider has, within his or her scope of practice, requested adult day health care services for the person.
- (b) The person has functional impairments in two or more activities of daily living, instrumental activities of daily living, or a combination of both, and requires assistance or supervision in performing these activities.
- (c) The person requires ongoing or intermittent protective supervision, skilled observation, assessment, or intervention by a skilled health or mental health professional to improve, stabilize, maintain, or minimize deterioration of the medical, cognitive, or mental health condition.
- (d) The person requires adult day health care services, as defined in Section 14550, that are individualized and planned, including, when necessary, the coordination of formal and informal services outside of the adult day health care program to support the individual and his or her family or caregiver in the living arrangement of his or her choice and to avoid or delay the

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use of institutional services, including, but not limited to, hospital emergency department services, inpatient acute care hospital services, inpatient mental health services, or placement in a nursing facility or an intermediate care facility for the developmentally disabled.

- SEC. 4. Section 14528.1 is added to the Welfare and Institutions Code, to read:
- 14528.1. (a) The personal health care provider, as defined in Section 14552.3, shall have and retain responsibility for the participant's care.
- (b) If the participant does not have a personal health care provider during the initial assessment process to determine eligibility for adult day health care, the adult day health care center staff physician may conduct the initial history and physical for the participant.
- (c) The adult day health care center shall make all reasonable efforts to assist the participant in establishing a relationship with a personal health care provider.
- (d) If the adult day health care center is unable to locate a personal health care provider for the participant, or if the participant refuses to establish a relationship with a personal health care provider, the adult day health center shall do both of the following:
- (1) Document the lack of personal health care provider relationship in the participant's health record.
- (2) Continue to document all efforts taken to assist the participant in establishing a relationship with a personal health care provider.
- (e) (1) A personal physician for one or more of an adult day health care center's enrolled participants may serve as the adult day health care staff physician.
- (2) When a personal physician serves as the staff physician, the physician shall have a personal care services arrangement with the adult care health center that meets the criteria set forth in Section 1395nn(e)(3)(A) of Title 42 of the United States Code.
- (3) A personal care physician, an adult day health care staff physician, or an immediate family member of the personal care physician or adult day health care staff physician, shall comply with ownership interest restrictions as provided under Section 654.2 of the Business and Professions Code.

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SEC. 3.

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SEC. 5. Section 14550.5 is added to the Welfare and Institutions Code, to read:

14550.5. Adult day health centers shall offer, and provide directly on the premises, in accordance with the participant's individual plan of care, and subject to authorization pursuant to Section 14526, the following core services to each participant during each day of the participant's attendance at the center:

- (a) One or more of the following core nursing services:
- (1) Observation, assessment, and monitoring of the participant's health status and changes in his or her condition and risk factors.
- (2) Management of chronic conditions using standard monitoring procedures at defined intervals and as necessary due to any change in the participant's condition.
- (3) Monitoring of the participant's medication regimen, and the administration and recording of the participant's prescribed medications.
- (4) Oral or written communication with the participant's personal physician, or the participant's family or other caregiver, regarding changes in the participant's condition, signs, or symptoms.
- (5) Supervision of the provision of personal care services for the participant.
- (b) One or more of the following core personal care services or social services:
  - (1) One or both of the following personal care services:
- (A) Supervision of, or standby assistance with, activities of daily living or instrumental activities of daily living.
- (B) Protective group supervision and interventions to assure participant safety and to minimize the risk of injury, accident, inappropriate behavior, or wandering.
  - (2) One or more of the following social services:
- (A) Observation, assessment, and monitoring of the participant's psychosocial status.
- (B) Group work to address psychosocial issues.
- 37 (C) Care coordination.
  - (c) At least one of the following therapeutic activities:
- 39 (1) Group or individual activities to enhance the social, 40 physical, or cognitive functioning of the participant.

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(2) Facilitated participation in scheduled group or individual activities for those participants whose frailty or cognitive functioning level precludes them from active participation.

(d) One meal per day of attendance, with the provision of a special or therapeutic diet as needed.

SEC. 4.

- SEC. 6. Section 14550.6 is added to the Welfare and Institutions Code, to read:
- 14550.6. The adult day health care center may provide one or more of the core services, as described in Section 14550.5, at an enhanced level if any of the following conditions occurs:
- (a) An expected condition, event, symptom, or group of symptoms that reaches a level of acuity, based on an assessment of the participant, requiring intervention by a member of the multidisciplinary team on a one-to-one basis or within a small group treatment setting.
- (b) An expected condition, event, symptom, or group of symptoms that reaches a level of acuity, based on an assessment of the participant, requiring intervention or assistance by one or more trained adult day health care personnel.
- (c) An unexpected condition, event, or symptom, or group of symptoms, that reaches a documented level of acuity requiring intervention by a member of the multidisciplinary team on a one-to-one basis or within a small group setting.
- (d) An unexpected condition, event, symptom, or group of symptoms that reaches a documented level of acuity requiring intervention or assistance by one or more trained adult day health care personnel.